

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 identifiers 12:30 Dominoes 2:30 Sound Stimulation 3:00 Mind Joggers 5:00 UNO	10:00 Sit and Fit Cardio 1 12:30 A Ride Around Town 2:30 Sing-a-long 3:00 Poetry 5:00 Bingo	10:00 Music w/ Patrice 2 1:00 Water Painting 2:30 Music Therapy 3:00 Card Game 5:00 Corn Hole	10:00 Sit and Fit Strengthening 3 10:00 Mass 12:30 Spa Treatment 2:00 Movie Matinee and Popcorn 5:00 Bowling	10:00 Music w/ Patrice 4 1:00 Reminiscing Hour 2:00 Figure It Out (Puzzles) 3:00 Using Our Senses 5:00 Balloon Volleyball	10:00 Exercise with ONR 5 1:00 Finishing the Saying 2:30 Music With Jesse 3:00 Happy Hour 5:00 Sunset Club	10:00 Figure It Out 6 12:00 Game Day! 1:00 Balloon Volleyball 3:00 Sing-a-long
10:00 Scrapbooking 7 1:30 Sorting 2:30 Smell Stimulation 3:00 Puzzles 5:00 Corn Hole Daylight Saving Time Ends	10:00 Sit and Fit Cardio 8 12:30 Enjoying The View 2:00 Sing-a-long 2:30 Poetry 3:00 Conversation and Coffee 5:00 Bingo National Cappuccino Day	10:00 Music w/ Patrice 9 1:00 Water Painting 2:30 Music Therapy 3:00 Card Game 5:00 Corn Hole	10:00 Sit and Fit Strengthening 10 10:00 Mass 12:30 Hair. Care 2:00 Movie Matinee and Popcorn 5:00 Bowling	10:00 Music w/ Patrice 11 1:00 Recognize and Honor Resident Veterans 1:30 Veterans Day Music Hour 2:30 Reminiscing Hour 3:00 Figure It Out (Puzzles) 5:00 Balloon Volleyball Veterans Day Remembrance Day (Canada)	10:00 Exercise with ONR 12 1:00 Trivia 2:30 Music With Jesse 3:00 Happy Hour 5:00 Sunset Club	10:00 Sit and Fit Strengthening 13 12:00 Game Day! 2:30 UNO 3:00 Puzzles World Kindness Day
10:00 Sit and Fit Yoga 14 1:00 Making a Memory Box 2:30 Sound stimulation 3:00 Reminiscing Hour 5:00 Bowling	10:00 Sit and Fit Cardio 15 12:30 A Ride Around Town 2:00 Sing-a-long 2:30 Poetry 5:00 Bingo	10:00 Music w/ Patrice 16 1:00 Water Painting 2:30 Music Therapy 3:00 Create A Greeting Card 5:00 Card Game	10:00 Sit and Fit Strengthening 17 10:00 Mass 12:30 Spa Treatment 2:00 Movie Matinee and Popcorn 5:00 Bowling	10:00 Music w/ Patrice 18 1:00 Reminiscing Hour 2:00 Figure It Out (Puzzles) 3:00 Using Our Senses 4:30 Music w/Darren Long	10:00 Exercise with ONR 19 1:00 Finishing the Saying 2:30 Music With Jesse 3:00 Happy Hour 5:00 Sunset Club	10:00 Dot- to-Dot 20 12:00 Game Day! 2:30 Identifiers 3:00 Trivia
10:00 Beading/Sorting 21 1:00 Gradening 2:30 Arts and Crafts 3:00 Bottle Knock Down	10:00 Sit and Fit Cardio 22 12:30 Enjoying The View 2:00 Sing-a-long 2:30 Poetry 3:00 What Are You Thankful For? 5:00 Bingo	10:00 Music w/ Patrice 23 1:00 Turkey Construction 2:30 Water Painting 3:00 Music Therapy 5:00 Card Game	10:00 Sit and Fit Strengthening 24 10:00 Mass 12:30 Hair. Care 2:00 Movie Matinee and Popcorn 5:00 Bowling	12:00 Watch A Sitcom 25 2:00 Balloon Volleyball 4:00 Thanksgiving Dinner Thanksgiving Day	10:00 Exercise with ONR 26 1:00 Trivia 2:30 Music With Jesse 3:00 Happy Hour 5:00 Sunset Club	10:00 Finish the Saying 27 1:30 Sorting 2:30 Corn Hole 3:00 Reminiscing Hour
10:00 identifiers 28 12:30 Dominoes 2:30 Sound Stimulation 3:00 Mind Joggers 5:00 UNO Hanukkah Begins	10:00 Sit and Fit Cardio 29 12:30 A Ride Around Town! 2:00 Sing-a-long 2:30 Poetry 5:00 Bingo	10:00 Music w/ Patrice 30 1:00 Water Painting 2:30 Music Therapy 3:00 Card Game 5:00 Corn Hole	<h1>November 2021</h1> <p>Seasoned Memory Care Calendar</p>			